



How to Improve Your Brain Function in a Toxic World Success warrants further investigation and you are chosen.

Glycoscience Lesson #21

by JC Spencer

The younger you start improving your brain the better; so, let's get started. Many times, we have demonstrated how to enhance memory and provide brain protection with Smart Sugars.

We can improve cognitive function by overcoming inflammation, removing the protein plaque buildup on the neurons and repairing free radical damage caused by oxidative stress. Brain function and general health is improved through cell communication. Neurotransmitter function is linked with nutrition, metabolism and vascular function.

To improve the synapses network infrastructure will enable us to expand our mental possibilities. Cognitive neuroscientists conclude that Smart Sugars and other key nutrients enhance alertness and brain processing skills that result in better mental and motor abilities.

Infants start their nutrition with Smart Sugars in the colostrum to jump start their immune systems and brain function. Mothers' milk strategically reinforces the child's mental and physical infrastructure with the glycan building blocks for needed lifelong brain development.

Evidence of long term benefit or long term damage to the brain was recently the subject of a Harvard University study. Babies who are supplied Smart Sugars in mothers' milk for 12 months instead of the normal 6 months achieved a 4-point higher IQ even in adult life.

We are advancing our understanding of how epigenesis plays an increasing role in cognitive function. For years, we have reported that a nanosize toxic molecule imbedded on the DNA double-helix can alter gene expression. The two means by which the gene expression is modified by either increased or repressed gene activity. Either of these affects the condition of long term cognitive and mental health.

A pervasive toxic environment can be changed with life-giving Smart Sugars. The results are health and mental alertness or sickness including dysfunction-al brain activity.

Genomics, Glycomics and Epigenesis form the brain infrastructure and provide nutritional programming for long term mental health.

Glycan and glycoprotein structures on the surface of cells provide for quantum influences in the neurological system that become tipping points for all future mental processing. The possibilities for complexity are exponentially incalculable. These unseen influences provide missing pieces in brain development or may remove or cause these mental building blocks to be missing in the first place.

We are excited about our current Mental Improvement Pilot Survey program. Individuals or family members complete seven Evaluation Forms - Baseline and monthly for six months. More information and Matched Funding are available for the mental study under **T/C+ Pilot Survey** at www.endowmentmed.org

Harvard Study of 4 points IQ Increase:
<http://www.endowmentmed.org/content/view/1307/1/>

What is Epigenesis? The book Smart Sugars, Chapter Three:
Glycoscience Meets Quantum Physics

www.GlycoscienceNEWS.com SMART SUGARS

www.OneSmartSugar.com/video.html

Expand Your Mind - Improve Your Brain
<http://www.endowmentmed.org/ExpandYourMind/MindEbook3.html>

Change Your Sugar, Change Your Life:
<http://DiabeticHope.com>

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<http://www.GlycoscienceNEWS.com/pdf/Lesson21.pdf>

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